

'IDENTIFY COMPETENCIES TO ENHANCE STUDENTS' PERFORMANCE'



India's renowned behavioural scientist Prof of Eminence Sanjeev P Sahni has emphasised 'maximising potential through behavioural competencies and performance enhancement of students'.

Addressing a press meet organised in Kathmandu today, he elaborated on enhancing various social, emotional, and cognitive abilities among students through competency mapping techniques and highlighted how academic performance, emotional satiation, and career success were functions of their behavioural stimuli.

"It is important to understand the relative strengths and weaknesses of students and based on these, to identify key competencies that need to be worked upon. It is all about identifying skills and strengths of students in areas like teamwork, leadership and decision making and then building a corrective mechanism based on that," said Prof Sahni who was recently also elected as vice-president of the World Society of Victimology.

In recent years, researchers and behavioural scientists like Prof Sahni focused on identifying competencies as a key element for measuring performance of students.

He suggested using techniques like audio-visual infotainment, subliminal training, meditation, speed-reading, and memory games to improve the academic and social performance of students.

"There is a need to widen trans-disciplinary approach in social-cognitive psychology studies in a bid to assess, evaluate and then find remedies and solutions to the laxities of the student community," he said. Prof Sahni also heads Jindal Institute of Behavioural Sciences in India.

Behaviour competencies is one of the excellent life skills which helps build interpersonal relation within professionals as well as within peer group. The competency of a person is always judged on a parameter of its critical and creative communication skill.

Prof Sahni has trained over 200,000 students, school principals, teachers, senior government officials, industry professionals in more than 50 countries in areas of competency mapping, business communications, decision making, stress management, performance enhancement, emotional intelligence, and best teaching practices.

He has published more than 40 research articles in international and national indexed journals and has 19 books to his credit.

IDENTIFYING COMPETENCIES CRITICAL TO ATTAINING STUDENTS' SUCCESS: DR SAHNI



India's renowned behavioural scientist Prof of Eminence Dr Sanjeev P Sahni and Vice President of World Society of Victimology (WSV) speaks at a press briefing organised in Kathmandu, on Sunday, June 26, 2022.

KATHMANDU: India's renowned behavioural scientist Prof of Eminence Dr Sanjeev P Sahni emphasized maximising potential through behavioural competencies and performance enhancement among students.

In a riveting press briefing organised at Marriott Kathmandu, today Sahni elaborated on enhancing various social, emotional, and cognitive abilities among students through competency mapping techniques. He demonstrated how academic performance, emotional satiation and career success are a function of their behavioural stimuli.

"It is important to understand the relative strengths and weaknesses of the students and based on those identify key competencies that need to be worked upon. It is all about identifying skills and strengths of students in areas like teamwork, leadership and decision making and then building a corrective mechanism based on that," said the behavioural scientist who has recently been elected Vice President of the World Society of Victimology (WSV).

In recent years, researchers and behavioural scientists like Dr Sahni himself have focused on identifying competencies as a key element for measuring the performance of students. Dr Sahni asserted using techniques like audio-visual infotainment, subliminal training, meditation, speed-reading, and memory games to improve the academic and social performance of students.

There is a need for widening transdisciplinary approach in social-cognitive psychology studies in a bid to assess, evaluate and then find remedies and solutions to the laxities of the student community," Dr Sahni who also heads Jindal Institute of Behavioural Sciences (JIBS)-India's premier value-based institute said at the press briefing.

Behaviour competencies in one of the excellent life skills that aid in building interpersonal relations among professionals as well as within peer groups. The competency of a person is always judged on a parameter of his/her critical and creative communication skills. When we talk about maximising human potential through behaviour competencies, we are talking about education and its purpose, the purpose is to educate our children not only on the information and abilities necessary to conduct elegantly and appropriately, but also to act in accordance with those skills. To put it another way, education should not end at the level of judgement but rather go on to the area of actual conduct.

There is a certain parameter which enhances behaviour

competencies, maximises human potential and upgrades performances among students. Parameters such as moral and social knowledge, common manners, social norms, rules and regulations, and the behavioural approach towards the organisation. Social skills such as the ability to use verbal and nonverbal strategies to perform socially and morally. Skills to perform efficiently orally and verbally in day-to-day life which is acceptable normative behaviour while interacting with others. Humanity, humbleness, intelligence courage conscience and autonomy, respect, responsibility, naturalness, loyalty, assertiveness, and perseverance are also the qualities which aid in student positive psychology, and positive attributes and promote overall potential up-gradation in one's characteristics.

Dr Sahni mentioned approach to processing information and making a behavioural decision is also an important component in judgement and decision and promoting the overall welfare of the student.

Interpreting the stimulus and identifying the problem is a filter to analyse the problem and accordingly finding a solution to it by moral judgement and decision.

Making a plan of action to approach a problem and find a solution adequately Formulating an ideal plan of moral action, social norms, and moral judgement to evaluate a situation and make a decision accordingly.

Alternative way of evaluation and making decision by seeing other probabilities which are influenced by other factors such as the immediate feeling, the nature of the action and one's social and moral value.

Output process and taking actions is affected by a set of effectors such as logical sequence, interpreting the stimulus, formulating and accepting the course of action, making alternative decision, the emotional state of a person is also a major element in decision making.

Behavioural competencies have a major role to play when it comes to the education of the child and bringing visible difference in overall growth and acceleration of their academic progress. Stepping up in academics and building up leadership qualities with wise acumen by equipping them in handling any situation which comes up as a challenge and requires a thought process that requires, analytical skill, critical thinking and rational ability that can encompass knowledge, skills, attitudes, and actions that distinguish excellent performers in every field of life.

The understanding of the importance of the formation of behaviour competency is crucial because it helps in the overall development of a student and aid in positive youth development. Behaviour competency becomes a part of a student's personality and aids in accessing better opportunities in every arena of life, which eventually result in positive rewards that further encourage students to work for achieving more excellence in life.

It is pertinent to mention that Dr Sahni has trained over 200,000 students school principals, teachers, senior government officials, industry professionals in more than 50 countries in areas of competency mapping, business communications, decision making, stress management, performance enhancement, emotional intelligence, and best teaching practices. He has published more than 40 research articles in international and national indexed journals and has 19 books to his credit.

विद्यार्थीहरूको दक्षता पहिचान गर्न आवश्यक

■ आर्थिक संवादवाणी
काठमाडौं, असार १०

भारतका प्रसिद्ध व्यवहार वैज्ञानिक प्रोफेसर अफ एमिनेन्स डा.सञ्जीव पी. साहनीले विद्यार्थीहरूलाई व्यवहारजन्य दक्षता र कार्यसम्पादन अभिवृद्धि गरेर उनीहरूको सम्भावित क्षमतालाई अधिकतम बनाउने कुरामा जोड दिएका छन् ।

काठमाडौंस्थित होटल मेरिडियममा आयोजित एक प्रेस सम्मेलनमा उनले कम्पिटिन्सी म्यापिङ प्रविधिमाफत विद्यार्थीहरूबीच विभिन्न सामाजिक, भावनात्मक र संज्ञानात्मक क्षमताहरू अभिवृद्धि गर्नुपर्ने बताए । त्यस्तै विद्यार्थीहरूको शैक्षिक प्रदर्शन, भावनात्मक सन्तुष्टि र करियर सफलतालाई कसरी उनीहरूको व्यवहारसम्बन्धी सिटमुलाइले प्रभाव पार्दछ भनेर पनि उनले जानकारी गराए । विद्यार्थीहरूको सापेक्षिक सबल पक्ष र कमजोरीहरू बुझ्नु र तिनकै आधारमा उनीहरूले विकास गर्नुपर्ने मुख्य दक्षताहरू पहिचान गर्नु अत्यन्त आवश्यक हुन्छ । यी सबै विद्यार्थीहरूको टिमवर्क, नेतृत्व क्षमता



र निर्णय लिने क्षमता जस्ता क्षेत्रहरूमा उनीहरूको कौशलता पहिचान गर्ने र तिनकै आधारमा सुधारात्मक संयन्त्र निर्माण गर्ने कुरासँग सम्बन्धित छ, यी साहनीले भने । उनी हाले वर्ल्ड सोसाइटी अफ भिक्टिमोलजीको उपाध्यक्षमा पनि चुनिएका छन् ।

पछिल्ला वर्षहरूमा डा. साहनी जस्ता अन्वेषक र व्यवहार वैज्ञानिकहरूले विद्यार्थीहरूको कार्यसम्पादन मापनका लागि एक मुख्य तत्वको रूपमा दक्षताहरू पहिचान गर्नुपर्ने कुरामा विशेष ध्यान केन्द्रित गरेका छन् । उनले विद्यार्थीको शैक्षिक तथा सामाजिक कार्यसम्पादनमा सुधार गर्न श्रवाद्मय इन्फोटेनमेन्ट, सबलिमिनल

ट्रेनिङ, ध्यान, स्मिड रिट्रिड र मेमोरी गेमजस्ता उपायहरू प्रयोग गर्नुपर्नेमा जोड दिए । विद्यार्थी समुदायमा विद्यमान क्षिपिलताहरूको परीक्षण, मूल्यांकन र तिनका समाधानहरू खोज्नका लागि सामाजिक-संज्ञानात्मक मनोविज्ञान अध्ययनहरूमा ट्रान्सडिसिप्लिनरी (अन्तर्विषयगत) पद्धतिलाई फराकिलो पार्नु आवश्यक छ, उनले भने । उनी भारतको एक प्रमुख म्याग्लु बेस्ड संस्थान जिन्दल इन्स्टिच्युट अफ बिहेभियरल साइन्सेजका प्रमुख पनि हुन् ।

साहनीले ५० भन्दा बढी देशका दुई लाखभन्दा बढी विद्यार्थी, विद्यालयका प्रधानाध्यापक, शिक्षक, उच्च सरकारी अधिकारी, उद्योग व्यवसायीलाई योग्यता नक्सा, व्यावसायिक सञ्चार, निर्णय लिने क्षमता, तनाव व्यवस्थापन, कार्यसम्पादन अभिवृद्धि, भावनात्मक बुद्धिमत्ता र शिक्षण अभ्यासहरूसम्बन्धी तालिम दिएका छन् । उनले अन्तर्राष्ट्रिय र राष्ट्रिय जर्नलहरूमा ४० भन्दा बढी अनुसन्धानमूलक लेखहरू प्रकाशित गरेका छन् भने १९ पुस्तकहरू पनि लेखेका छन् ।

Identifying Competencies Critical To Attain Student Success: Dr. Sanjeev P. Sahni



India's renowned behavioral scientist Prof. of Eminence (Dr.) Sanjeev P. Sahni emphasized "maximizing potential through behavioral competencies and performance enhancement among students" at Marriott Kathmandu, here on Sunday.

The newly appointed Vice President of World Society of Victimology addressed the press here in Kathmandu By [NEW SPOTLIGHT ONLINE](https://www.spotlightnepal.com)

Elaborating on enhancing various social, emotional, and cognitive abilities among students through competency

mapping techniques, Dr. Sahni demonstrated how academic performance, emotional satiation and career success is a function of their behavioral stimuli.

"It is important to understand the relative strengths and weaknesses of the students and based on those identify key competencies that need to be worked upon. It is all about identifying skills and strengths of students in areas like teamwork, leadership and decision making and then building a corrective mechanism based on that," said Dr. Sahni who was recently also elected as the Vice President of the World Society of Victimology (WSV).

In recent years, researchers and behavioral scientists like Dr. Sahni himself have laid a huge focus on identifying competencies as a key element for measuring the performance of students. He asserted on using techniques like audio-visual infotainment, subliminal training, meditation, speed-reading, and memory games to improve the academic and social performance of students.

"There is a need for widening transdisciplinary approach in social-cognitive psychology studies in a bid to assess, evaluate and then find remedies and solutions to the laxities of the student community," Dr. Sahni who also heads Jindal Institute of Behavioral Sciences (JIBS)-India's premier value-based institute- told reporters here.

Behavior competencies in one of the excellent life skills that aid in building interpersonal relations among professionals as well as within peer groups. The competency of a person is always judged on a parameter of its critical and creative communication skills. When we talk about maximizing human potential through behavior competencies, we are talking about education and its purpose, the purpose is to educate our children not only the information and abilities necessary to conduct elegantly and appropriately, but also to act in accordance with those skills. To put it another way, education should not end at the level of judgment but rather go on to the area of actual conduct.

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